



The National Black Caucus of State Legislators
**Breaking Through Depression: What It Is,
What It Looks Like, What to Do About It**

PURPOSE: *This symposium will focus on depression in the African American community: what some of the major causes are, how it manifests in Black men and women, and what we can all do about it.*

THURSDAY, OCTOBER 10, 2013

6:00 – 6:50 pm	RECEPTION LOCATION: HOUSE ROOM - MEZZANINE LEVEL
7:00 – 8:00 pm	DINNER LOCATION: SENATE ROOM - MEZZANINE LEVEL
7:00 – 7:05 pm	INVOCATION
7:05 – 7:15 pm	WELCOME REMARKS REPRESENTATIVE JOE ARMSTRONG (TN) PRESIDENT, NATIONAL BLACK CAUCUS OF STATE LEGISLATORS MR. NATE MILES VICE PRESIDENT OF STRATEGIC INITIATIVES ELI LILLY AND COMPANY
7:15 – 7:25 pm	GREETINGS FROM THE INDIANA BLACK LEGISLATIVE CAUCUS SENATOR LONNIE M. RANDOLPH (IN) CHAIR, INDIANA BLACK LEGISLATIVE CAUCUS
7:25 – 7:30 pm	INTRODUCTION OF KEYNOTE SPEAKER REPRESENTATIVE JOE ARMSTRONG (TN) PRESIDENT, NATIONAL BLACK CAUCUS OF STATE LEGISLATORS
7:30 – 7:50 pm	<u>CONFERENCE OPENING SPEAKER</u> <i>HOW LEGISLATORS CAN INCREASE ACCESS TO EFFECTIVE TREATMENTS AND SERVICES: LEVERAGING THE AFFORDABLE CARE ACT FOR MENTAL HEALTH</i> DR. SHELVEY HAYWOOD KEGLAR CLINICAL PSYCHOLOGIST & PRESIDENT MIDWEST PSYCHOLOGICAL CENTER, INC
7:50 – 8:00 pm	OPENING SPEAKER Q & A
8:15 pm	ADJOURN



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FRIDAY, OCTOBER 11, 2013

- 8:00 – 8:50 am** **REGISTRATION AND BREAKFAST**
LOCATION: GRAND 1 ROOM - MEZZANINE LEVEL
- 9:00 – 9:10 am** **WELCOME AND GREETINGS**
LOCATION: GRAND 2 ROOM - MEZZANINE LEVEL
- REPRESENTATIVE JOE ARMSTRONG (TN)
PRESIDENT, NATIONAL BLACK CAUCUS OF STATE LEGISLATORS
- SENATOR LONNIE M. RANDOLPH (IN)
CHAIR, INDIANA BLACK LEGISLATIVE CAUCUS
- THE HONORABLE BILL CRAWFORD
DEPUTY TREASURER OF MARION COUNTY, INDIANA
RETIRED INDIANA STATE REPRESENTATIVE
- 9:10 – 9:30 am** **GREETINGS FROM ELI LILLY AND COMPANY**
- MR. NATE MILES
VICE PRESIDENT OF STRATEGIC INITIATIVES
ELI LILLY AND COMPANY
- MR. JOSEPH KELLEY
VICE PRESIDENT OF GOVERNMENT AND PUBLIC AFFAIRS
ELI LILLY AND COMPANY
- 9:30 – 9:35 am** **OVERVIEW OF THE CONFERENCE**
SENATOR CONSTANCE JOHNSON (OK)
CHAIR, NBCSL HEALTH & HUMAN SERVICES POLICY COMMITTEE
- 9:35 – 10:10 am** **DIALOGUE PART I: OPENING SPEAKER**
CULTURAL CONNECTIONS TO DEPRESSION: RISK FACTORS FOR DEPRESSION AND MAJOR CAUSES
- DR. JEFFREY GARDERE
ASSISTANT PROFESSOR OF BEHAVIORAL MEDICINE
TOURO COLLEGE OF OSTEOPATHIC MEDICINE
- 10:10 – 10:30 am** **OPENING SPEAKER Q & A**
- 10:30 – 10:40 am** **BREAK**



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FRIDAY, OCTOBER 11, 2013 (CONTINUED)

- 10:40 – 11:20 am **DIALOGUE PART II: PANEL DISCUSSION**
MANIFESTATIONS, PROPER DIAGNOSIS, AND TREATMENT OPTIONS
- PANEL MODERATOR
SENATOR CATHERINE PUGH (MD)
PRESIDENT-ELECT, NATIONAL BLACK CAUCUS OF STATE LEGISLATORS
- DR. SHELVEY HAYWOOD KEGLAR
CLINICAL PSYCHOLOGIST & PRESIDENT
MIDWEST PSYCHOLOGICAL CENTER, INC.
- MS. NAKAISHA TOLBERT-BANKS
DIRECTOR OF EDUCATION AND PUBLIC AFFAIRS
MENTAL HEALTH AMERICA OF GREATER INDIANAPOLIS
- MS. AJA CASEY, LSW, MSW
MENTAL HEALTH THERAPIST, COMMUNITY HEALTH NETWORK
BOARD OF DIRECTORS, NATIONAL ALLIANCE ON MENTAL ILLNESS INDIANAPOLIS
- 11:20 – 11:55 am **DISCUSSION Q & A**
- 11:55 am – 12:00 pm **GROUP PHOTO**
- 12:00 pm **LUNCH SERVED**
LOCATION: GRAND 1 ROOM - MEZZANINE LEVEL
- 12:25 – 12:30 pm **INTRODUCTION OF KEYNOTE SPEAKER**
REPRESENTATIVE JOE ARMSTRONG (TN)
PRESIDENT, NATIONAL BLACK CAUCUS OF STATE LEGISLATORS
- 12:30 – 1:05 pm **KEYNOTE SPEAKER: PERSONAL STORY**
MY JOURNEY TO VICTORY
- Ms. JENNIFER HOLLIDAY
SINGER & ACTRESS
MENTAL HEALTH ADVOCATE
- 1:05 – 1:25 pm **KEYNOTE SPEAKER Q & A**
- 1:25 – 1:35 pm **BREAK**



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FRIDAY, OCTOBER 11, 2013 (CONTINUED)

1:35 – 2:20 pm

DIALOGUE PART III: PANEL DISCUSSION
***SOLUTIONS FOR INDIVIDUALS, FAITH-BASED COMMUNITIES, AND
POLICYMAKERS***

LOCATION: GRAND 2 ROOM- MEZZANINE LEVEL

PANEL MODERATOR
REPRESENTATIVE KEN DUNKIN (IL)

MS. NANCY JEWELL
PRESIDENT & CEO
INDIANA MINORITY HEALTH COALITION

DR. CAROLINE DOEBBELING
CHIEF MEDICAL OFFICER
MDWISE, INC.
BOARD OF DIRECTORS, MENTAL HEALTH AMERICA, INDIANA

MS. RENEÉ VAUGHN
SCIENTIST, ELDER, LICENSED SOCIAL WORKER
IN-VITRO BIOLOGIST, ELI LILLY AND COMPANY

2:20 – 3:00 pm

DISCUSSION Q & A

3:00 – 3:10 pm

WRAP-UP

SENATOR CONSTANCE JOHNSON (OK)
CHAIR, NBCSL HEALTH & HUMAN SERVICES POLICY COMMITTEE

REPRESENTATIVE JOE ARMSTRONG (TN)
PRESIDENT, NATIONAL BLACK CAUCUS OF STATE LEGISLATORS

3:10 pm

ADJOURN

3:30pm

LIGHT APPETIZER RECEPTION
LOCATION: CAMERAL ROOM- 1ST FLOOR